## **New 1-day Course Format**

- Learn techniques that will quickly enhance your patient outcomes
- Become confident when determining which patients will benefit from Grade V Mobilizations
- Ample lab time and review to be able to apply the Grade V's in your clinic right away
- Become effective and proficient when choosing and performing Grade V Mobilizations

This course is intended for you to learn, review, and be able to leave applying Grade V Mobilization techniques that can immediately be used with your patients

#### **Instructors**

#### Andrew Brenan, DPT, OCS, FAAOMPT

Andrew is a graduate of the Kaiser Hayward PT Fellowship in Advanced Orthopedic Manual Therapy and has been teaching manual therapy long and short term courses since 1994. He is currently a clinical specialist at Kaiser South Sacramento in the outpatient orthopedic department. He has taught Grade V courses with Clare since 2007 and is currently faculty of Kaiser Hayward Fellowship program.

Contact info: coned@comptsig.org

All registrations to be made at comptsig.org

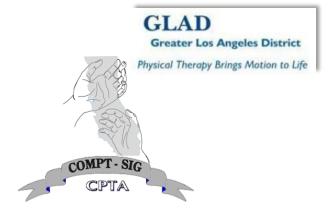
#### Clare Lewis DPT, MPH, PsyD, FAAOMPT

Clare is a certified manual therapist from the Stanley Paris Institute and is a professor at CSU Sacramento. She has taught the orthopedic class for majors for 14 years. She practices at Remedy Rehab doing orthopedic out-patient manual therapy. Clare also holds doctorates in clinical psychology & organizational psychology.

# GRADE V MOBILIZATION

Clinically relevant frequently used, evidence based techniques.

Los Angeles, CA
Sunday, Sept 11th
8 Hours
(0.8 CEUs pending)



# Sponsored by

California Orthopedic Manual Physical Therapy Special Interest Group and Greater Los Angeles District of the California Chapter of the APTA

www.comptsig.org

# Learn, review, practice and integrate spinal and peripheral GPM-V techniques into <u>your</u> practice!

#### How is this course different than the others?

- We offer a low instructor to student ratio (1:12)
- There is ample practice time with ALL techniques
- You'll receive detailed feedback to effectively refine your handling skills
- Our intent is to help build your confidence!
- Extensively detailed notebook (including pictures, case studies & evidence)
- Clinical reasoning on how to have immediate success with the techniques

#### In this course you will learn:

- Indications and contraindications for use of GPM-V techniques
- Selected techniques for the cervical, thoracic, lumbar spine, and peripheral joints
- Current evidence underlying GPM-V techniques
- Common pitfalls in technique implementation
- Clinical reasoning for technique selection and progression
- Strategies for addressing clinical reasoning problems of clinicians
- Legislative issues affecting PT practice

#### **Intended audience:**

- Current practice in an orthopedic PT setting
- Prior exposure or course work in manual therapy

### **Course Schedule**

8:00 am – Registration/Intro

8:30-9:15 - Evidence

9:15-10:00 - Hip

10:00-11:00 - Thoracic Rotary

11:00-11:45 - CT junction

11:45-12:30 - Lumbar

12:30-1:30 - Lunch (on own)

1:30-2:20 - Cervical

2:20-3:15 - Thoracic: Supine PA

3:15-4:00 - SIJ

4:00-5:00 - Technique review

# Act Now! Space is limited.

# **Host Facility Details:**

**Elite Orthosport Physical Therapy** 

11500 W. Olympic Blvd, Suite 640

Los Angeles CA 90064

# Day of course contact information:

Andrew Brenan at (916) 801-2627

# **Register Online at:**

www.comptsig.org

### **Tuition:**

**COMPTSIG Members - \$180** 

APTA Members - \$210 (includes COMPTSIG membership)

Non-APTA Members - \$300

# **Questions/more info:**

coned@comptsig.org

### **Deadline:**

Please register by 8/30/2016

### Instructor/Student Ratio:

1:12

# **Educational Level:**

Intermediate/Advanced

# **Maximum Enrollment:**

24 Participants

### **Audience:**

Physical Therapists only